



Resource List

This list is provided for reference and is continuously being updated. If you are a provider or clinic and would like to be added to this list, please contact us at (910) 939-0724.

Counseling Services

Carolina Counseling Services (910) 485-6336	Fayetteville, NC
Family Works Psychological Center (DBT Available) (919) 778-8551	Goldsboro, NC
Monique Ivanov, LCSW, DCSW (910) 352-5163	Jacksonville, NC
Suzan Douville, Ph.D., LCMHC (910) 455-3330	Jacksonville, NC
Catherine Gneiting, Ph.D. (910) 934-7042	Jacksonville, NC
Virginia Diaz, LMFT (EMDR Available) (910) 218-9372	Jacksonville, NC
Twin Rivers Counseling/Heather Brewer, MSW, LCSW (252) 349-0853	New Bern, NC
Twin Rivers Counseling/Stephanie Bratton, MSW, LCSW (252) 631-6226	New Bern, NC
Peace Counseling Center/Jasyn Griffith, LCSW (252) 631-5337	New Bern, NC
A Fresh Start Behavioral Health Services/Anthony Harris, LCSW, MSW, LCASA (252) 638-0185	New Bern, NC
Nancy Hauck, LCSW (336) 302-7569	New Bern, NC
Inner Solutions (DBT Available) (910) 256-3784	Wilmington, NC
Delta Behavioral Health (DBT Available) (910) 343-6890	Wilmington, NC
Dr. Lori Birdsong, MD (910) 763-3034	Wilmington, NC
Evolution Wellness (EMDR Available) (910) 202-4326	Wilmington, NC
Integrated Therapy Associates (EMDR Available) (910) 799-6162	Wilmington, NC

Counseling Services, Psychological Evaluations, and Testing

Tarheel Human Services (910) 298-6207	Beulaville, NC
Coastal Carolina Neuropsychiatric Center (DBT Available) (910) 429-1114	Fayetteville, NC
Anchor Psychological & Counseling (EMDR Available) (910) 270-9995	Hampstead, NC
Patricia Dickinson, Ph.D. (252) 447-7764	Havelock, NC
Carolina Psychological Health Services (910) 347-3010	Jacksonville, NC
Alpha Neurobehavioral Clinic (910) 378-7669	Jacksonville, NC
Coastal Carolina Neuropsychiatric Center (DBT Available) (910) 938-1114	Jacksonville, NC
Coastal Carolina Neuropsychiatric Center (DBT Available) (910) 938-1114	Morehead City, NC
Wilmington Psych (910) 763-0699	Wilmington, NC
Family Works Psychological Center (910) 509-0588	Wilmington, NC
Potentials/Shelly Chambers, MSW, LCSW (DBT Available) (910) 254-4545	Wilmington, NC
Coastal Carolina Neuropsychiatric Center (DBT Available) (910) 938-1114	Wilmington, NC
Anchor Psychological & Counseling (EMDR Available) (910) 679-4733	Wilmington, NC



Clarity Counseling Center/Karin Kassab, MA, LPA (EMDR Available) (910) 444-4771	Wilmington, NC
Mind Matters/Dr. Denise Hanson, Psy.D. (EMDR & DBT Available) (910) 792-5570	Wilmington, NC
Antonio E Puente, Ph.D. (910) 509-9371	Wilmington, NC
Glenn E. Cahn, Ph.D. (Does not offer counseling) (910) 332-4134	Wilmington, NC
Substance Abuse Counseling & Treatment	
Coastal Horizons Center (910) 259-0668	Burgaw, NC
Coastal Horizons Center (910) 202-3155	Jacksonville, NC
Coastal Horizons Center (910) 754-4515	Shallote, NC
Coastal Horizons Center (910) 343-0145	Wilmington, NC
Zanker Counseling Services (910) 791-4478	Wilmington, NC
Capeside Addiction Care (910) 791-6767	Wilmington, NC
Forensic Psychology	
Dr. Amy D. James, Psy.D. (252) 639-2001	New Bern, NC
Dr. Howard Grotzky, Ed.D. (910) 791-5719	Wilmington, NC
Antonio E Puente, Ph.D. (910) 509-9371	Wilmington, NC
Dr. John F. Warren, Ph.D., ABPP, PA-C & Associates (336) 733-0900	Winston-Salem, NC
Cardiology	
Dr. David Weaver, MD, FACC (910) 662-9500	Wilmington, NC
Endocrinology	
Dr. K. Jean Lucas, MD, FACP, FACE (252) 222-5700	Morehead City, NC
Dr. Ghobad Azizi, MD (910) 354-9464	Wilmington, NC
Neurology	
Dr. Susan Evans, MD (252) 816-9700	Greenville, NC
Dr. Khaled Jreisat, MD (910) 353-3624	Jacksonville, NC
Novant Health Neurology (910) 662-7500	Wilmington, NC
Dr. J. Thaddeus Coin, Ph.D., MD, PLLC (910) 762-9131	Wilmington, NC

Please note: This list is not exhaustive. You may also contact your insurance company to find all providers in your network in your area.